



Contact Legislator/House or Senate Committee

Just follow these easy steps:

1. Click the following link to open “Send A Message to a Montana Legislator or Committee”: <https://leg.mt.gov/web-messaging/>
2. Fill out all the required fields.
3. When you get to “**Send Message to***” field, select one:
 - **Legislator** (use drop down menu to select which Senator or Representative)
OR
 - **Committees** (use drop down menu to select which house, senate or judiciary committee)
4. Next field is “**Bill Type and Number**”
 - Use drop down menu to select HB or SB (these will be the two most selected bill type)
 - The type in the number of the bill
5. Next **field is important!** Be sure to select either:
 - **For**
OR
 - **Against**
6. Next field will allow you to enter your message and feel free to use talking points we will share!! You are allowed to copy and paste. Hit **SEND MESSAGE!**
7. Please email vicky@mtnurses.org if you submitted your message!